

## **Adult Summer 2022**

IN-PERSON & ONLINE



## About Us

Arlington Community Education (ACE) is a program of the Arlington Public Schools that is completely supported by tuition received from our courses. ACE provides affordable education and enrichment opportunities for children and adults from Arlington and surrounding communities.

Jen Rothenberg, Director Andrea Loeb, Adult Program Manager Doina Iliescu, Adult Program Coordinator Monica von Huene, Youth Program Manager Tanya Serrao, Youth Program Coordinator Nina Coles, Business Manager Tracey Dramstad, Registrar Lisa Cohen, Communications Coordinator

## Class Details



Denotes daytime class

We are using a variety of locations this summer while continuing to offer many online options. Locations are listed under each class description along with dates, times, and prices. See below for a list of locations.

For all in-person classes, please check our website for our regularly updated COVID safety precautions.

## Arlington Community Education

Arlington High School 869 Massachusetts Avenue, Arlington, MA 02476 communityed@arlington.k12.ma.us Tax Identification number: 046-001-070

ArlingtonCommunityEd.org | 781.316.3568

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## **Important Information**

## Who Can Enroll

Anyone can enroll in our classes at the same low tuition. We welcome residents of Arlington and non-residents. Adult classes are open to ages 18+. Our goal is to provide safe, accessible, and comfortable classes for students of all races, ages, genders, sexual orientations, gender identities, religions, abilities, statuses, and every other category protected by federal or state law.

## **Covid Policies**

ACE requires vaccinations for all instructors and adult students attending in-person classes. Please check our website for updates.

## **How to Register**

Registrations must be completed online at ArlingtonCommunityEd. org. If you have any questions, please call 781.316.3568 or email CommunityEd@arlington.k12.ma.us.

Registrations for in-person and online classes are per person unless otherwise noted.

You are officially enrolled as soon as your payment is processed. An email address is required for course confirmation and updates.

## **Class Details**

Class times and locations will be included in an automated Course Reminder email that is sent 24 hours before your class. If you can't find it, search your email for a message from Arlington@CE.Eleyo.com. You can also find this information in your online ACE account. Go to your Dashboard to view your current classes, which you will find under Explore All Programs.

Online classes will be held on Zoom. In person classes will take place at the following Arlington locations:

Arlington High School (AHS) | 869 Massachusetts Avenue **Arlington Community Center** | 27 Maple Street Offsite | Meeting location will be emailed

See maps online when you register.

## **Waitlists**

If the class you want is full, sign up for the waitlist. There is no charge and we often get last-minute changes or add sections when possible. We will contact you if a spot becomes available.

## Withdrawals

Email withdrawal requests during our business hours (M-F, 9 am-4 pm) to CommunityEd@arlington.k12.ma.us; requests that come outside of those hours will be considered on the following day. There are no credits or refunds once a class has started, for student absences and/or late arrivals. Credits may be used within two years by anyone in your family.

- Before 10 business days: refund less 10%
- Before 5 business days: credit less 20%
- Fewer than 5 business days: no refunds or credits

## Cancellations

ACE reserves the right to cancel classes due to low enrollment or other considerations. If we cancel your class, you will receive a full refund to your original form of payment.

If your class is cancelled due to weather, we will make every effort to reschedule a make-up date. We cannot offer refunds or credits for weather-related changes. Online classes will typically run in inclement weather.

#### **Etcetera**

ACE reserves the right to change instructors if necessary and correct prices, times, or dates due to typographical errors in our catalog or

The opinions, views, or recommendations expressed by instructors are their own, and do not necessarily reflect those of Arlington Community Education. ACE does not endorse any service or product recommended or offered by instructors.

## Fine Arts & Crafts

Many art classes require you to purchase materials before the start of class. Check the online class listing for details.



## Learn to Draw

Anastasia Semash

Drawing is a skill that can be developed with practice, and the more you learn, the more fun it is. This class introduces basic drawing techniques and is designed to increase your observation skills. You'll discover how to realistically represent what you see through studies in contour drawing, perspective, value, and texture rendering. Looking at the illustrations from great master's drawings, we'll analyze the artists' approach to basic drawings problems. We'll draw both from observation and from photo references, using various pencils, pastels, and charcoal on paper.

6 Tuesdays | July 12-August 16 | 9:00-10:30 am Arlington Community Center | \$165

## **Drawing Foundations**

Eli Portman

Learning to draw is about learning to see. Learn and practice basic techniques as we draw objects and scenes around us. Each week will introduce a new topic, such as perspective, light, shade and shadow, value, and relationships, and we'll draw together as we integrate these concepts. For inspiration, we'll look at examples of artists whose work demonstrates our new techniques. We will work on a variety of subjects that may include landscapes, still lives, people, and more. All levels are welcome, especially beginners.

4 Tuesdays | July 12-August 2 | 10:00-11:30 am | Online | \$85

## **Drawing, Painting & Prints**

Dani Schechner

Investigate and express summer through drawing, painting, and print making. Learn techniques and methodologies in diverse mediums and then experiment to combine them to create a comprehensive mixed media masterpiece. Artists of all levels welcome.

6 Wednesdays | July 6-August 10 | 6:30-8:30 pm | AHS | \$189

#### **Watercolor Painting**

Eli Portman

Join us for a fun crash course in the basics of watercolor painting. We'll explore set up, color use, brush control, and composition. This is a good way to learn the beginning steps to help you continue watercolor painting on your own.

4 Tuesdays | July 12-August 2 | 6:00-7:30 pm | Online | \$85

## Watercolor Pencils (Daytime)

Charlotte Kaplan

Watercolor paintings, among the most beautiful and subtly colorful works of art, are both satisfying and challenging to create. Watercolor pencils provide a unique and versatile way to generate more vivid, saturated color alongside the medium's traditional luminosity. We'll work with these water-soluble pencils to create beautiful paintings and collages, combining the best features of water media with the texture of colored pencils. All levels are welcome.

6 Fridays | July 8-August 12 | 10:00 am-12:00 pm Arlington Community Center | \$165

#### **Watercolor Pencils**

Anastasia Semash

Watercolor paintings are among the most beautiful and luminous works of art and also one of the most difficult to master. Watercolor pencils have made this process much easier. We'll work with these water-soluble color pencils to create beautiful paintings. All levels welcome.

6 Thursdays | July 7-August 11 | 6:30-8:00 pm | Online | \$129

## **Leather Working: Wallet Design**

Chrissy Durden

Learn the basics of working with leather while designing and constructing a keychain and simple 6x4 inch wallet. Practice using knives safely to cut the material, and then use punches, rivets, and studs to construct your projects. Choose from a selection of vegetable tanned leather, a sustainable substance that gets more soft, supple, and develops a beautiful patina with time. See how fun it can be to work with leather as you explore its unique properties and versatility. Tuition includes a \$20 materials fee.

Wednesday, July 13 | 6:00-9:00 pm | AHS | \$65

#### **Knit Fix**

Kathy Paglierani

You've got the basics—knitting and purling—but need help fixing a project, learning a specific technique, or would like to just knit together. Join Kathy and other students for a fun and informative sit and knit session.

Mondays, July 11 or August 8 | 12:00–2:00 pm Arlington Community Center | \$25

# If the class you want is full, sign up for the waitlist!



## **Pottery Studio**

Carter Peckinpaugh

Pottery is one of the oldest expressions of human inventiveness and creativity, dating from before the Neolithic period and discovered in various locations around the globe. Explore the potentials of clay by creating both functional vessels and sculptural forms in this class for beginners. Learn basic handbuilding, wheel throwing, and surface decorating techniques. All work will be glazed and fired, resulting in vibrant, durable, waterproof and food-safe pieces of art.

5 Wednesdays | July 6-August 3 | 6:30-9:00 pm | AHS | \$209

## **Zentangle Drawing Fun Night**

Eddie Bruckner

Gather friends and family members, or participate on your own and meet some new people in this virtual fun-night of Zentangle drawing. Zentangle is an easy-to-learn, relaxing, and fun method of creating beautiful images by drawing structured patterns. It increases focus and creativity, while providing enjoyment and an increased sense of personal well-being. No artistic ability is required. You will learn a variety of "tangles" (patterns) and combine them in their own unique way. Ages 14+

Tuesday, July 12 | 6:30-8:30 pm | Online | \$39

## Fitness & Dance



Judith King

With roots in traditional Chinese medicine, qigong's goal is to cultivate and balance our life energy, or "qi." Qigong practice typically involves meditative, slow-flowing movement coordinated with deep rhythmic breathing to produce a calm state of mind. Part of traditional Chinese medicine, the practice is similar to Tai Chi, but simpler, and benefits can include improved immunity, better balance, and lower blood pressure. We will work with the Seven Precious Gestures and the Eight Brocades, as well as some basic walking and breathing practices. Flex and stretch gently and learn simple routines you can practice at home.

6 Thursdays | July 7-August 11 | 9:00-10:00 am | Online | \$95

#### Tai Chi: Meditation in Motion

Judith King

This Intermediate course is for those with experience with the Hwa Yu short form. The ultimate in no-impact aerobics, tai chi naturally relaxes the body, promoting calm and peace of mind while improving posture, balance, and flexibility. The practice increases blood flow throughout the entire body, keeps joints flexible, and restores elasticity to muscles. It is a form of exercise that actually becomes better for you as you age. Continue to improve your skills such as stance, step patterns, basic blocking, and whole-body movement.

6 Wednesdays | July 6-August 10 | 6:30-7:30 pm | AHS | \$95

## **Essentrics: Full-Body Workout**

Farhana Stevenson

Essentrics lengthens and strengthens every muscle in the body through a dynamic combination of movements. This completely original full-body workout draws on the flowing movements of tai chi and ballet to create a balanced, flexible, and pain-free body. Essentrics rebalances the body, prevents and treats injuries, unlocks tight joints, and develops lean, strong, and flexible muscles with immediate changes to your posture.

6 Thursdays | July 7-August 11 | 7:00-8:00 pm | Online | \$99

## Chair Yoga 🎇

Debra Rosenblum

One great thing about yoga is that it can be adapted to suit anyone's needs. Chair yoga is especially beneficial for beginners, senior citizens, people with injuries, or those looking to learn how to apply yoga techniques at the office. As we practice chair yoga, our bodies relax and our minds quiet. During our time together, we will increase our self-awareness and revitalize our lives. Yoga has been proven to improve strength and flexibility as well as reduce stress and manage pain. The chair yoga postures taught in this class can be integrated throughout the day.

6 Tuesdays | July 5-August 16 | 9:00-10:00 am | Online | \$85

## Joyful Morning Yoga 🎇

Linda Del Monte

Morning yoga classes ease you into your day with poses that connect the mind, body, and spirit. Particular attention is given to helping each student understand and work with their body to achieve proper alignment. Regular practice of yoga brings calm, focus, increased flexibility, and strength to your life.

6 Fridays | July 15-August 19 | 9:00-10:15 am Arlington Community Center | \$110

## **Country Western Line Dancing**

Julie Kaufmann

What's more fun than country-western line dance? You don't even need a partner. Young and old, men and women, athletes and couch potatoes—anyone can have a great time. Just bring your two left feet, because in line dancing there are no mistakes!

Beginner: If you've never line danced before or have only done a few classes, this is the place for you. We'll start from the very beginning, with simple dances that teach you the basic building blocks of line dancing. Lots of practice, and we'll teach each dance. You'll get lowimpact exercise as we dance to (mostly) country western music. Intermediate: If you've been dancing for a while and are ready for a new challenge, this is the class for you. These dances are longer, faster, have more turns, or use challenging moves. Expect it to take more than one week to learn each dance, so we will learn fewer dances than the beginner class, but we'll still have a great time. Remember, challenging your brain fends off dementia!

6 Wednesdays | July 6-August 10 | Hybrid (AHS & Online) | \$155

Beginner: 6:00-7:15 pm Intermediate: 7:30-8:45 pm



## Spinning Through History 🎇



Lauren Hefferon & Gordon Harris

Explore special places right in your own "backyard" on these scenically-beautiful and historically-fascinating day trips designed to delight cyclists of all abilities. These small group tours are led by both a historian-cyclist and an expert bike tour guide.

The Wonders of Newburyport: This beautiful tour starts at the Parker River National Wildlife Refuge Headquarters and takes us to scenic Plum Island. After a short hike on the new Hellcat boardwalk trail, we reverse course and meander through historic 18th century neighborhoods to downtown Newburyport. The ride continues past Federal-era mansions on High Street to Maudslay State Park, then the Clipper City Rail Trail brings us back through Newburyport and along the Merrimack River Waterfront. This ride has about 800 feet of climb over a total of 30 miles.

**Ipswich Land and Sea:** If you love history, architecture, and cycling along scenic rural roads with outstanding coastal vistas, Ipswich is the perfect day trip destination. We'll take beautiful Argilla Road to Crane Beach, with a short climb to Crane Castle, and beautiful views looking across Plum Island to the Atlantic. We loop back to downtown Ipswich on scenic rural roads and through historic neighborhoods of 17th and 18th century houses, then we'll ride out to Jeffreys Neck across the Great Salt Marsh, with a couple of scenic climbs on Little Neck and Great Neck. This ride has a total of about 1000 feet of climb over 26 miles.

10:00 am-3:00 pm | Offsite | \$45 Newburyport: Saturday, August 13 Ipswich: Sunday, August 14

## Food & Drink

## **Indian Summer: Cook & Enjoy**

Shruti Mehta

Summers in India are rainy, humid and unbearably hot. The heat of the summer, however, brings an abundance of leafy vegetables, fresh corn and mangoes to the marketplace. Home cooks rush to incorporate summer crops into their daily meal plans. This class will indulge your taste buds with corn fritters (deep fried goodness with grated corn, onions, chilies, and ginger in a chickpea flour batter), served with date chutney (sweet and sour sauce made with dates and tamarind), spinach rice (cooked with spinach, tomatoes, garam masala, and nuts), lassi (yogurt drink scented with rose water) and mango kulfi (mango ice cream with fresh mango and cardamom). You will learn how to prepare the meal, and then sit down to enjoy it with the instructor and fellow students.

Wednesday, July 27 | 6:00-9:00 pm | AHS | \$55

## **Wines of Summer**

Robert Lublin

The best summer wines pair perfectly with sun, heat, and, of course, the grill. Join us for a fun, relaxing evening as we enjoy the wines that go best with the best time of year. We will sample delicious rosés from Southern France to Oregon to South Africa. We'll compare the distinctive Sauvignon Blanc varieties found in New Zealand, Napa Valley, and Sancerre, France. We'll additionally try the rich Pinot Gris from Italy and Alsace. Class will conclude with red wines that will make the food coming off your grill taste even better. Light snacks will be offered. Tuition includes a \$20 food and beverage fee. For students 21+.

Tuesday, July 19 | 8:00-10:00 pm | Belmont Beercierge | \$65



## Music, Theater & Film

#### Ukulele

Amy Kucharik

Beginning: Starting with tuning and holding your ukulele, learn the basics quickly and start playing songs you love right away. Simple chords will have you sounding great after just one class. You'll soon have a repertoire of popular songs from many genres. Learn how to find ukulele chord charts, strum and sing at the same time, and strum rhythmically with confidence.

Continuing: Orchestra: Ukulele players of all levels can enjoy making music together playing different parts as a ukulele orchestra. We'll perform instrumentals and some songs with vocals—from Beatles and 80s classics to well-known tunes such as the theme from the Pink Panther. Whether you enjoy strumming, plucking, soloing, singing, harmonizing or even U-bass, this class will provide fun challenges for continuing players at various levels of experience. We'll cover tablature, plucking, and reading charts and rhythms to play together as a group.

6 Wednesdays | July 6-August 10 | AHS | \$105

Beginning: 6:30-7:30 pm

Continuing: Orchestra: 7:45-8:45 pm

## **West African Hand Drumming**

Dean Fisher

Explore *djembe*, a goblet-shaped drum played with bare hands, in a relaxed and fun atmosphere. Learn techniques to make basic drum sounds—bass, tone and slap—to create rhythms integral to West African culture. All levels are welcome, and no experience is necessary. Please note: A limited number of drums are available to borrow.

6 Wednesdays | July 6-August 10 | 7:00-8:00 pm | AHS | \$105





## Home & Garden

## **Gardening for Beginners**

Jessica Zander

Do you ever look at your yard and know that it could be nicer but you don't know how or where to begin? Or are you a new homeowner and unsure what kinds of plants you have or how to maintain them? It can be overwhelming. Join a passionate garden coach for practical skills and tips on where to start to make your outside space looking its best. A few simple things can make a big and immediate difference for your landscape. All you need is your enthusiasm, energy, and some basic tools. Please note: This class is not about growing vegetables.

Wednesday, July 13 | 6:30-8:30 pm | AHS | \$35

## Wellness & Life

## **Acupressure & Self Massage**

Debra Rosenblum

Learn how to ease tension, increase circulation, and relieve pain with simple massage techniques you can do on yourself. We'll use our own hands, fingers, elbows, and other household items like tennis balls to treat ourselves to effective massages. Discover how to activate energy meridians, stimulate the lymphatic system, and use acupressure points to reduce pain, decrease stress, and bring greater harmony to your body. Through demonstration, practice time, and plenty of opportunities to ask questions, you'll start to notice the benefits of this practice in no time.

Monday, July 18 | 6:00-8:00 pm | Online | \$35



#### **Spanish**

Diana Bula

Spanish is the most widely-spoken Romance language in the world, with more than 480 million native speakers.

**Level 1:** Through fun activities you will learn and practice the alphabet, numbers, greetings, gender agreement, simple present tense of regular verbs, basic vocabulary, and more. The course is geared towards those who've had very little to no experience with the Spanish language.

Level 2: Continue with more conversation and new grammar concepts to help you gain confidence in the language. Learn ordinal numbers, simple present tense of irregular verbs, how to express likes and dislikes and more. Improve pronunciation and increase your vocabulary as we explore topics such as traveling, ordering food, and giving directions.

6 Thursdays | July 7-August 11 | Online | \$115

Level 1: 6:00-7:15 pm Level 2: 7:30-8:45 pm

## **Spanish Cafe: Conversation and Culture (Intermediate)** *Michelle Abadia*

These convivial classes are taught by native speakers and offer conversation and culture for those who want to refresh their Spanish, take it to the next level, or just miss speaking the language. We will improve your spoken Spanish and vocabulary by encouraging discussions on a variety of topics involving the culture of Spanish-speaking countries: art, literature, music, cuisine, travel, and current events.

6 Wednesdays | July 6-August 10 | 6:00-7:15 pm | AHS | \$105

# Las Tradiciones Musicales De Latino América (Musical Traditions of Latin America)

Michelle Abadia

Music can be a wonderful way to gain insights into different cultures. Explore the diverse styles of music that come from Latin America through this interactive class led in both English and Spanish. As we listen to examples of influential and current genres including mambo, cumbia, salsa, merengue, we'll also learn some Spanish through discussions of the lyrics. Each week we'll trace the history and development of the styles that have emerged from places such as México, Argentina, Venezuela, Central America, Cuba, and Puerto Rico. Many people know of Latin American performers when they make the crossover into the American market. However, very few in this country have an awareness of the rich musical heritage of the countries in their own backyard. Expand your knowledge of Latin America and gain appreciation for the incredible music in a whole new way.

6 Wednesdays | July 6- August 10 | 7:30-8:45 pm | AHS | \$105

## **Italian Advanced Beginner**

Barry Bridgelal

Building upon the basic foundation provided in Beginning Italian you will improve your listening skills and conversational ability through structured dialogues and other practical activities. Begin to communicate more precisely as you learn *-ere* and *-ire* verbs in the present and all conjugations in the past tenses. Topics will include: review of expressions of date and quantity, indefinite and definite articles, past tense, interrogatives, and direct object pronouns.

6 Tuesdays | July 12–August 16 | 6:00–7:15 pm | Online | \$129

Italian: Level 2

Barry Bridgelal

Advance your Italian language skills in this Intermediate level program. Upon completion, you should be able to discuss topics such as moods, travel, holidays and business, using the present and past tenses. This class will emphasize improvement of oral comprehension and creative expression through the use of teaching resources, including reading selections. Reflexive verbs, indirect and direct object pronouns, expressions of time and duration, and simple and articulated prepositions will be covered.

6 Thursdays | July 14-August 18 | 6:00-7:15 pm | Online | \$129

#### **Italian Caffé: Conversation & Culture**

Barry Bridgelal

Intermediate: This program is designed for students who are already proficient and want to increase their conversational and comprehension skills. Conducted largely in Italian, this course provides students with an opportunity to markedly improve their speaking and listening skills using only presente and passato prossimo. Advanced: This program, conducted entirely in Italian, is designed for students who are already proficient and who want to increase their conversational and reading abilities. You will have the opportunity to markedly improve your speaking and listening skills. Grammatical topics are addressed as needed.

Intermediate: 6 Tuesdays | July 12-August 16 | 5:00-6:00 pm Online | \$105

Advanced: 6 Thursdays | July 14-August 18 | 5:00-6:00 pm Online | \$105

## French: Level 3

Barry Bridgelal

Upon completion of this course, you can expect to converse on a broad range of topics with greater confidence and precision. Building upon the skills already acquired, you will learn direct and indirect object pronouns and start the imperfect verb tense.

6 Thursdays | July 14-August 18 | 7:15-8:15 pm | Online | \$105

## **Conversational French for Fluent Speakers**

Barry Bridgelal

Spend Tuesday evenings with fellow French language lovers, conversing in a warm and inviting setting. This program is designed for students who are proficient in present, *imparfait*, and *passé composé*, and who are able to use object pronouns. The instructor will offer exercises designed to increase fluency.

6 Tuesdays | July 12-August 16 | 7:30-8:30 pm | Online | \$105

## French Café: Conversation & Culture

Barry Bridgelal

Bonjour! Join this welcoming and lively French conversation class led by an enthusiastic native speaker. This is your chance to learn, practice and improve your conversational French in a relaxed, fun yet structured setting. You will also have the chance to increase your knowledge of French history and culture and discuss topics that will surely raise passions. Isn't this what French about? This program is for those who have taken French classes and/or have strong skills in speaking and listening. We will review advanced grammar topics including object pronouns, compound tenses, and subjunctive, with assignments to practice your skills throughout the week.

6 Wednesdays | July 13-August 17 | 7:30-8:30 pm | Online | \$105

# ■ Walking Tours

All class details, including the meeting location and safety guidelines will be included in the Registration Confirmation email.



All walks meet rain or shine.

# Native New England Shrubs at Arlington's Great Meadows

Boot Boutwell

Shrubs are a key part of our New England Landscapes. This class will take a close look at 10-12 common native New England shrubs such as blueberry, dogwoods, alders, and maleberry as well as a few non-native invasive shrubs. The class will focus on plant ID as well as fun and interesting natural history. We'll see a plant which can be used to make a lemonade-like drink packed with vitamin C, a plant which has been used as a cathartic and a plant which the Chippewa used to produce a remedy for craziness. Children ages 10 and up are welcome to register if accompanied by an adult.

Saturday, July 2 | 9:30 am-12:00 pm | Offsite | \$35

## **Summer Wildflowers of Arlington's Great Meadows Boot Boutwell**

It's mid-summer and the wildflowers are out in abundance. Enjoy a beautiful stroll through Arlington's Great Meadows with naturalist Boot Boutwell. This walk will focus on wildflower identification as well as some fun and interesting natural history about the plants we see. We'll also take a look at some cool plants that aren't in flower. Children ages 10 and up are welcome to register if accompanied by a registered adult.

Saturday, July 16 | 9:30 am-12:00 pm | Offsite | \$35



## **Boston's Gilded Age**

Boston by Foot

During the Gilded Age of the late nineteenth century, Boston's Back Bay was alive with social clubs and thriving cultural institutions. On this tour, we will explore the favorite haunts of Boston's upperclass, often known as "Boston Brahmins." Though "Brahmins" had a reputation for being exclusive and elitist, many of these men and women were active in making our city—and the whole nation—a better place to live. They fought to abolish slavery and to recognize women's rights, and they built libraries, colleges, museums and orchestras. Though this elite generation of wealthy activists was often philanthropic and well-intentioned, on this tour we'll also discuss their limitations and shortcomings. You will visit several sites throughout the Back Bay, including the place where Isabella Stewart Gardner lived before she transformed a Venetian Palace into a museum; the location of MFA sponsored art lessons for women; and Trinity Church where Phillips Brooks brought the social gospel to his parishioners and won the hearts of Boston's rich and poor.

Sunday, July 31 | 4:00-5:30 pm | Offsite | \$35



#### **Avenue of the Arts**

Boston by Foot

Clustered along a half-mile stretch of Boston's Huntington Avenue stands a dense concentration of cultural institutions, on what is now designated as the "Avenue of the Arts" and the adjoining Fenway Cultural District. From McKim, Mead & White's Symphony Hall to the Isabella Stewart Gardner Museum, this tour tells the stories of the institutions, architects, and benefactors behind this remarkable concentration of establishments dedicated to the fine and performing arts, culture, education, religion, and sports.

Sunday, August 28 | 4:00-5:30 pm | Offsite | \$35

# High School & College Planning

## **Best Practices to Ace Your College Interview**

Mindy Popp

Rising high school seniors are encouraged to join the class to build skills that will enable them to succeed in college interviews. A former college admissions officer will share expert guidance to help students feel confident and knowledgeable when speaking with college interviewers. Students will learn tips to best prepare for and engage in the interviews. What to wear, what questions to expect, and all the do's and don'ts of college interviewing will be covered. With the start of college interviewing season in the late summer, this class will be beneficial for all college applicants.

Grade 12 | Wednesday, July 20 | 6:30-8:00 pm | Online | \$29

## **College Application Bootcamp**

Danielle Rakowsky, Kathy Hirsch, & Nicole Eidson

This four day course is designed for rising seniors looking to get a jump start on their college application process, or who want help managing the many requirements of the application process. Work with AHS school counselors, along with English faculty to explore topics including: college application time management and scheduling, resume-building, college essay and supplement writing, college interview preparation, and financial aid awareness. For Arlington residents only. Students may enroll for one week only.

Grade 12 | Monday-Thursday | August 8-11 or August 15-18 9:00 am-12:00 pm | AHS | \$225

## **Driver's Education**

CS Driving School

CS Driving School has contracted with Arlington Community Education to offer Driver's Education to students wishing to obtain their Certificate of Driver Education. This class is for students who have reached the minimum age of 15 years, nine months by the first day of class. Fee covers online classroom hours and in person behind-the-wheel instruction. **All Driver's Ed registrations must be done online through CS Driving School at** *csdriving.com*.

Online | \$749

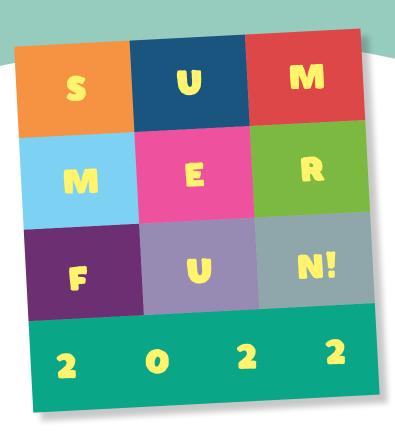
Two-week Sessions: Monday-Friday | 5:00-8:00 pm June 6-17, July 11-22, or August 1-12

One-week Sessions: Monday-Friday | 10:00 am-4:30 pm July 5-9, July 25-29, August 15-19, or August 22-26

Location of classes (online vs. in person) may be subject to change based on requirements of the Registry of Motor Vehicles.

## **In Control: Crash Prevention Training**

In Control Crash Prevention is a nonprofit training program committed to helping reduce automobile crashes through hands-on training. Motor vehicle crashes are the number one killer of teens nationwide and the main causes are speed and inexperience. Students and their families can learn safety skills that can only be taught at In Control's unique closed course environment. Learn how to handle skidding, panic stops, tailgating, and emergency lane changes. Visit this link for a special Arlington Community Ed discount, class details, as well as insurance discounts for graduates of the class: driveincontrol.org/ArlCommEd.



# FUN & CREATIVE SUMMER ADVENTURES FOR KIDS

Ottoson Middle School 6 weeks, July 5–August 12 Grades 1–9

REGISTER NOW!