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INSTRUCTOR BIOS

Rita Bruno Abela is a native Italian who loves to teach her beautiful language. She graduated in Italy and obtained a masters degree in teaching Italian language and culture. She started teaching adults almost 20 years ago and currently teaches Italian to many groups of adults and children.

Erica Adelson is assistant director of RoLa Languages and has over nine years of experience teaching English, Spanish, French, and Arabic with students of all ages, from preschoolers to retirees.

Paul Angiolillo has taught tea-tasting classes for many years and has lectured on the history and culture of tea at the Peabody-Essex Museum in Salem, Goddard House in Brookline, and other sites. He also worked at Upton Tea Imports in Holliston, MA.

David Adams, Esq. is a resident of Arlington and a partner at Pathway Law LLC (PathwayLaw.com), where he specializes in estate planning.

Maitri Buch is a BollyX certified enthusiast who has grown up loving Bollywood songs and now believes she can beautifully inspire the world through this fitness format! She is eager to spread this fever to as many as she can and help them unleash their inner rock-star as well!

Sarita Bhagwat is a native of Pune, India, a town that reminds her of Boston. She has lived in Arlington for close to 20 years, where she and her husband raised two children. A market researcher by profession, she is passionate about all cooking and enjoys culinary travels.

Suzan Baltozer is an artist and who has been learning, practicing, and teaching shamanism and healing for over 40 years. Her coloring book *Ancient Wisdom for Modern Times* will be coming out soon.

Ann Bausman has lived in Arlington for more than 20 years, and has a love affair with paper, pattern, and color. Ann has taken classes at the School of the Museum of Fine Arts and other locations. She sells her work at area shops and artisan craft fairs.

Roland “Boot” Boutwell is a teacher/naturalist who regularly leads nature hikes focused on the diverse flora and fauna of our region.

Amber Breimeir is an Indiana University and New England School of Law alum. She has completed three marathons and loves helping others relieve the stresses of life through teaching barre and spin.

Jeffrey Bruno teaches physical education, health education, and adventure education classes at Arlington High. He is a certified Wilderness First Responder and trained Wilderness EMT.

Madeleine Buehler is a native of France and an experienced language teacher.

Alissa Butterworth is a novelist, writer, and educator who received her MFA from Lesley University. Her work has appeared in numerous publications. Visit alissabutterworth.com

Scott Cahaly has been carving stone and exhibiting his work for two decades. He has taught hundreds of people how to carve rocks.

AC Calcaterra is a second-generation belly dancer with more than 20 years of teaching and performing experience. She is a founding member of The Goddess Dancing school of dance and was a master teacher for the B.U. Dance Department for more than five years. Her welcoming approach is infused with knowledge of the dance and the joy of movement!

Beth Canuel is a professional ballroom dance instructor/ choreographer and founder of UNITE Dance and Fitness. She has been teaching in the Boston area for the past 10 years. Beth travels all over the world as a master trainer for LaBlast Fitness. Visit unitedanceandfitness.com.

Claudia Catalano is a graduate of Boston University's acclaimed Culinary Arts and Master's in Gastronomy programs—both founded by Julia Child and Jacques Pepin. She currently works as a contributing writer, recipe developer, and photographer for *The Boston Globe* food section and also operates her own personal chef business called Wild Carrot. Claudia lives in Arlington with her husband and two children.

Allison Tilly Carswell and Andrea Canty own Red Door DesignWorks. Founded in 2007, the firm works with clients in the Boston area, as well as in Los Angeles, Austin, New York, and Washington, DC. Both are residents of Arlington. For more information visit rddwboston.com.

OPENS
REGISTRATION
FEB. 14

July 5 – August 18
SummerFun! 2017
@ Ottoson Middle School



Join us for another season of SummerFun! Kids of all interests (entering grades 1-9) can select from 100+ fun and creative classes designed and taught by experienced classroom teachers. Full-day, half-day, and after-care options let you choose the schedule that works best for you and your family.

Highlights include:

- Insider's Guide to Ottoson: July 5-8 & August 14-16
- Revamped cooking classes with challenging recipes from scratch with natural ingredients
- Additional field trips including Boston Art Tours, Adventure Day Trippers, Maine Canoeing and Kayaking, Whale Watch, and Boston Harbor Islands
- More STEAM classes: Girls Engineering, CADD, Programing with Python, Math Bridge, Web Design, Lego Robotics, ScratchJr
- New! Day Trippers for Incoming 6th Graders
- Expanded theater and dance programs: week-long musical theater, improvisation, storybook theater, hip-hop, Zumba, creative movement
- More high-energy recreation & fitness classes: Parkour, Nathan's Ninjas, Fit for Summer with Ms. Brayfield, baseball, basketball, gymnastics, yoga
- Additional classes led by even more of your favorite Arlington teachers!

Registration Opens February 14 for students from Arlington and surrounding communities.

Kimi Ceridon is both an engineer and a chef. With a Master of Science in Mechanical Engineering from MIT and a Master of Arts in Gastronomy and Chef's Certificate from Boston University, she focuses on creating great food experiences and interactions. She is a personal chef who teaches food education and cooking workshops throughout Massachusetts. Visit noreturnticket.kceridon.com

Jui-Fei Childers is a native Chinese born in Taiwan. She has been playing Mahjongg since adolescence, and enjoys playing the game only for fun. She is also a freelance interpreter/ translator and Mandarin Chinese tutor.

Sally Chvany is the product of parents who taught their children to "Put things back so you can find it next time you need it". Founder of ACME Organizing, she lives with her family in Arlington. Sally helps her clients minimize the management of their stuff, so they are freed up to move on with their lives. For more information visit acmeorganizing.com.

College Funding Advisors, based in Bedford, MA, provides clients with strategies they can use to maximize financial aid awards for college expenses.

Mary Courville is an interior designer/kitchen designer and principal of Mary Courville Designs in Winchester. She is a member of the National Kitchen and Bath Association and has worked as a designer at Weston Kitchens in Wellesley.

Holly Czapski is a borderline obsessive multi-crafter. She loves to create just about anything (ask her about upholstery art, pie, paper flowers, or the USB cable stitch she made up).

Linda Del Monte is a 30-year yoga practitioner, with many years of teaching experience. She brings joy and spirituality into her classes.

Sue Doctrow creates jewelry in Arlington, using an eclectic range of materials and a variety of techniques, including some to be taught in this course. Her jewelry has been available in local gift shops, and she sells her work online and at local craft fairs. Visit www.bonprisedesigns.com.

Karen Drummey, M.Ed., has over 25 years experience in web design, instructional design, marketing, and corporate training. She's currently an instructional design lead at Tufts Health Plan and teaches her course "Where's the POWER? What's the POINT?" to a variety of audiences in different industries.

Kendall Dudley has been teaching autobiography, journal writing, and career design for more than 20 years. He leads journal and lifework-direction trips to Morocco and works with individuals and organizations through the Grafton Street Writing Center in Arlington on writing and worklife. Visit kendalldudley.com

Sean Faeth works for the Arlington Public Schools as an information technologist for elementary schools. In his spare time he loves playing board games with his family and friends.

Mimi Fix owned a bakery and café, worked in corporate R&D kitchens, and authored three books about the business of baking. She has a master's degree in food studies and teaches in several continuing ed programs, including the Culinary Institute of America (CIA).

Ellie Foster is a professional musician and singer and recent graduate of Berklee College of Music.

Dorian Fox is a writer, teacher, and freelance editor who has lived in the Boston area for many years. He received his MFA in Creative Nonfiction from Emerson College, and his essays, stories, and articles have appeared or are forthcoming in *December Magazine*, *Under the Gum Tree*, *Gastronomica*, *National Parks Magazine*, *Alimentum*, and elsewhere. He also teaches writing at Grub Street.

Sue Funk is an exhibiting artist and a Massachusetts certified teacher. She has taught art classes in community education programs in Newton, Acton, Sudbury, and Littleton.

Severina Gates is a former dancer and the first certified Essentrics instructor in Massachusetts, training under creator Miranda Esmonde-White.

Phillip Grannan is a multi-instrumentalist, composer, and teacher from Cincinnati, OH. He loves to share his passion for music with people of all ages and walks of life.

Suzi Grossman received a Bachelor of Fine Arts from the School of the Museum of Fine Arts, Boston, and a Bachelor of Arts in English Literature from Tufts University. Her photographs explore family and group dynamics as well as living environments, often through the use of the multi-paneled image. Her work has been shown throughout New England. Visit SuziGrossman.com

Colleen D.Hertel is a retired attorney who concentrated in estate planning and elder law issues. Prior to practicing law, she worked as a journalist and communications writer. She is on the board of the Winchester Council on Aging, and resides in Winchester, MA.

Mary Hurley is a beloved leader of on- and off-road biking and walking adventures.

JoAnn Ignelzi is a graduate of the Cambridge School of Culinary Arts (CSCA) where she was also a chef instructor teaching in both the Recreational and Professional Programs. She was also assistant education director at CSCA in charge of curriculum development for both the Diploma and Certificate Programs. Now retired from the industry, she has owned a small private chef business and has also worked for a number of local caterers in the Boston area.

Christine Jansen is a teaching assistant for *Principles of Garment Construction* at Framingham State University, working with new fashion students. She has taught painting, stenciling, faux finishing, rug hooking, and textile design for various continuing education programs as well as children's crafts in Arlington and Lexington. She holds a bachelor's degree in fashion design.

Julie Kaufmann offers a wide range of dance instruction programs, including group classes, private lessons, parties and events, wedding choreography, workplace exercise, senior programs, and movement class for cancer survivors. Visit jkdance.com

Jonathan Kessler is a keyboard player who loves musical theater.

Janet Kessenich M.M. is an energy healer, spiritual/ psychological intuitive, teacher, seminar leader, and musician. She hosts *Creating a Spirited Life* on Dreamvisions7radio.com and is the author of *Music Lessons for the Spirit*. Visit spiralenergies.com for more information.

Cheryl Keane is a certified Zumba instructor.

Lisa Kelly is the founder and blogger of The Vegan Pact, a plant-based personal chef and a healthy cooking teacher, residing in Waltham. She is passionate about creating organic, whole-food meals, void of animal products, that taste delicious and are good for you.

Mary Kenny is a sculptor and animator with a Masters of Fine Arts from the California Institute of the Arts. She has been sewing for 20 years and has taught art at the college level and sewing at the Maud Morgan Center for the Arts in Cambridge.

Anina Kostecki is a local freelance chef, instructor and food writer from Belmont, MA. She helps food entrepreneurs develop recipes and share their culinary stories. Anina received her master's from Boston University in Gastronomy, where she also completed certificates in Culinary Arts, Wine, and Cheese.

Judith King originally took up Tai Chi to help alleviate the pain of a chronic illness. She has been teaching for many years.

Martin LaMonica has worked as a journalist for nearly 30 years as a reporter and editor covering technology, science, and business. He has written for the *Boston Globe*, *Scientific American*, the *Guardian*, and many other publications.

Amy Lampert is a multi-year recipient of the Five Star Wealth Manager Award as published in *Boston Magazine*. Amy has developed and delivered financial literacy workshops to over 10,000 people and recently developed a series of educational materials and workshops on the *10 Dimensions of Financial Literacy*.

Adrienne Landry is an artist who is best known for her Arlington Street Scenes. She studied studio art at Concordia University in Montreal and art education at MassArt. Visit adriennelandry.net.

Ruth Lieberherr has practiced yoga for more than 30 years and has been teaching yoga for more than 10 years. Registered with the Yoga Alliance as an experienced yoga teacher, she brings compassion, joy, and humor to her teaching.

Zhantao Lin is a native of China, professional Tai Chi teacher, sixth-generation disciple of Yang Style Tai Chi, and president of the Yang Style Tai Chi Association.

Howard Loewinger has been working with computers since the days of the Commodore PET. He has worked as a programmer and database administrator, and as a systems and user support specialist, mostly in higher education. Howard was the technology coordinator of a school district for 15 years.

Tracy Marks has an M.A. in English and has taught literature and poetry writing for 40 years. She is also a licensed mental health counselor, author of four self-help books, and a computer trainer.

Jeanne Mayell is a Boston-area psychic and psychotherapist. With master's degrees in public health and education from Harvard University and a master's in counseling psychology, Jeanne bridges conventional and alternative fields. She has been featured on radio and television programs and regularly blogs about intuition, the Tarot, mindfulness, positive psychology, and her visions for society. Visit jeannemayell.com

Sara McCabe is an Arlington resident and certified Zumba Gold instructor who has been dancing since her first aerobics class in 1978.

Shruti Mehta is a native of India and a cooking enthusiast. Shruti enjoys teaching others how to prepare Indian vegetarian dishes, and has taught cooking courses for several adult education programs.

Francesca Montillo is the owner of Lazy Italian Culinary Adventures, which provides culinary tours to Italy as well as private cooking classes and social events in the Boston area. She is a native of Italy and travels back extensively to gather new knowledge and culinary techniques from her large family living throughout Italy. She is an avid home cook and baker and believes that a great family meal should not take hours of preparation or hard-to-find ingredients. Her recipes are easy yet maintain the authenticity of Italian cuisine.

Dee Morris is an independent scholar and educational consultant specializing in the nineteenth-century history of Greater Boston. She presents walking tours at Forest Hills Cemetery (Jamaica Plain) and programs at libraries, schools, and historical societies. Her goal is to connect people with their civic ancestors.

Eileen Murphy-McNamara is an artist and designer with a love for teaching both art and architecture. She lives in Arlington with her husband and three children.

Andrea O'Leary holds a master's degree in education from Northeastern University and has taught English to students of all ages and different learning styles. She is a professional career counselor with experience in higher education and private industry.

Nicole Patience is a nutrition counselor who works with clients to foster a healthy relationship with food, eating, and body image. She is a certified diabetes educator and certified eating disorder registered dietitian. Nicole is an avid cook, runner, pilates instructor, and mom.

Ray Pourali, chemical engineer, environmental engineer, process engineer, clean energy researcher, and founder of EnviroPal.org, has been delivering indoor/outdoor year-round composting solutions nationwide. Visit EnviroPal.org

Rosemary Previte has a master's degree in reading and language and several years of experience teaching English as a Second Language. She is also a published editor, with nearly 20 years of experience as a writer, an editor, and a proofreader.

Jennie Rathbun is a short story writer and book reviewer who lives in Arlington. She has published a dozen stories in literary journals and holds an MFA from the Bennington Writing Seminars.

Joe Rindone has been in the health and fitness industry for a many years. His passion for fitness has motivated him to become one of the top personal trainers in Arlington and in Boston. Visit tone.with.rindone.com

Frank Rizzo and Frank Tassone are veteran woodworking teachers at Arlington High.

Linda Rossetti is author of *Women and Transition: Reinventing Work and Life*. Her work focuses on women's development and the factors influencing women's advancement. She also serves as managing director at Golden Seeds, LLC, an angel capital network that funds women-led start-ups, and as executive director of a nonprofit dedicated to increasing the capacity for transition in women. She is a member of the Board of the Girl Scouts of Eastern MA. Visit womenandtransition.com.

Joanne Rothstein is a licensed acupuncturist by day, and by night, an artist who specializes in creating personalized cards and unique gifts of gratitude. As an accredited SoulCollage® Facilitator, she has run both introductory and a variety of themed collage card workshops.

John Sadoff is an experienced tournament chess player and teacher who holds a master's degree in education from Harvard University. He is presently vice president of the Massachusetts Chess Association and has taught chess with the U.S. Chess Center in Washington, D.C. He loves playing and teaching this dynamic game.

Alexandra Schmalenberger is an American Sign Language teacher at Cambridge School of Weston. After graduating from the National Technical Institute for the Deaf at RIT in 2013, Ali fell in love with teaching.

Brendyn Schneider is a professional storyteller, published writer, storytelling instructor, and TedX Natick coach. He has been a featured storyteller at Emerson College, Regent Theatre, Coolidge Corner Theater, ImprovBoston, and other action-packed venues across New England. Making frequent appearances with Massmouth and the Moth, Brendyn takes his audiences on story trips of wit through the follies of growing up and the everyday slog. Visit brendynschneider.com

Anastasia Semash is an artist and teacher with a degree in philosophy from St Petersburg State University, Russia. She currently teaches art at the Russian Center of Languages and Arts in Brookline. Visit artsemash.com

Janet Smith worked in the computer industry for 16 years as a technical writer, documentation architect, and trainer.

Trevor L. Smith is a Massachusetts certified horticulturalist and owner of Land Escapes, which specializes in rain harvesting systems, rain gardens, and living roof systems. As outgoing president of the Ecological Landscape Alliance, Trevor and the ELA work to bring vital information, resources and educational materials to the landscape design community. Visit everydaygetaway.com.

Cintha Soto, a native Spanish speaker of Peru, is an experienced instructor and trainer with an MS-MBA from Boston University. She enjoys connecting people to her Latin American roots through the exploration of language and cultural expressions. Cintha has lived and worked in Peru, and traveled in Chile, Uruguay, Panamá, Venezuela, the Dominican Republic, and Spain.

Joy Spadafora has more than 20 years of knitting experience. She designs scarves, mittens, and hats and regularly donates knitwear to local charities.

Mary Ann Stewart has leveraged social media to build a network of support for public policy in Lexington and beyond. Her experience in communications, organizational development and passion for advocacy and creativity has increased engagement in professional and volunteer settings alike.

Ellen Sullivan is a Realtor®, Accredited Buyer Representative, and member of the Greater Boston Association of Realtors and Massachusetts Association of Realtors. She has lived in the area for the past 30 years.

Fanny Van De Poel, is a certified hypnotherapist with a multicultural experience of life, and a passion to help people transform their lives, feel better about themselves, and reach their goals. Fanny runs a private practice in Watertown, MA and organizes workshops in the Boston area.

Linda Varone, RN, MA, CFS has been awarded Best of Boston® for her work as a Feng Shui consultant. Linda has consulted nationwide for over 20 years, using the insights of psychology and style of interior design. She is an author and professional speaker. Her book, *The Smarter Home Office* is top-ranked on Amazon for home office design. Visit lindaVarone.com

Bettina Velona has been practicing yoga since 1994 and teaching since 2009. She continues to attend workshops to deepen her practice and inform her own teaching, and is a 500-hour level certified yoga instructor.

Nancy Webber has been teaching *StrongWomenStrongBones* for 10 years. She brings enthusiasm and creativity to this endlessly fun and beneficial program. She is a Brigham and Women's Integrative Care Reiki Practitioner, personal trainer, RYT, and posture and "tech neck" specialist. Visit nancywebberfitness.com

Diane Winkelman grew up in Brooklyn, New York in a bilingual home and has taught a wide variety of people from different backgrounds. She has worked for over twenty years as a speech therapist with adults and children in a variety of settings.

Liane Zeitz has more than thirty years of practice in elder and disability law planning. Liane is a board member of the Massachusetts chapter of NAELA (MassNAELA) and has served for several years as co-chair of the Massachusetts Continuing Legal Education (MCLE) Annual Elder and Disability Law Conference.