



OTTOSON

NEW Fall Baking • GRADES 6 - 8

Tricia Bellahrossi @ Jennie Nocella

Grab your friends and take a trip to the Arlington High School kitchen for an after-school baking intensive. Fall offers up delicious and aromatic ingredients that we'll use to make apple crisp, pumpkin bread, cinnamon spice muffins and whatever else the class decides they'd like to try. Towards the end of each session, while the food is in the oven, students will have a little time for a homework club. Meet in **room 205 at Arlington High School**, 869 Mass. Ave. Tuition includes a \$10 food fee. *Tricia Bellahrossi and Jennie Nocella are culinary teachers at Arlington High School and look forward to welcoming a new group of young chefs.*

CODE: **MS024** 6 Mondays, October 17 - November 21
3:00 - 4:30 pm \$130

NEW Parkour • GRADES 6 - 9

Parkour Generation Boston

Parkour, also known as freerunning or l'art du déplacement, originated outside Paris in the late 1980s and has since become one of the fastest growing sports in the world, largely due to the popularity of viral videos and action film stunt sequences. Parkour practitioners, known as traceurs, learn to navigate their environment and overcome mental and physical challenges in a safe and creative manner. Traceurs learn to look at the world through the lens of "parkour vision," turning any environment into a playground for movement and physical challenge. Classes are designed to accommodate a wide range of fitness and ability levels, and are all taught by ADAPT-certified instructors. Meet in the Pit at Arlington High School, 869 Mass. Ave. Visit ArlingtonCommunityEd.org to see videos of Parkour classes.

CODE: **MS025** 8 Tuesdays, September 27 - November 22
(no class 11/8) 3:00 - 4:30 pm \$168

“My 7th grade daughter loved this class. Ms. Serafini is wonderful!”

Clay Workshop

Babysitting Basics • GRADES 6 - 9

Va Shon Wallace-Hiltbold, 4-H Youth @ Family Development

The excellent 4-H Babysitters' Program is designed to better prepare young people for babysitting and childcare by educating them to become capable, caring, and responsible babysitters. Students will come to understand the responsibilities and skills needed to become good babysitters and develop confidence in handling situations they may encounter when caring for young children. Upon completion of this course, the students will receive a Babysitter's ID card and a certificate of completion. Note: Students must be at least 12 years old. Tuition includes a \$25 materials fee.

CODE: **MS006** 2 Tuesdays and 2 Thursdays, September 27 - October 6
2:45 - 4:45 pm \$105

Clay Workshop • GRADES 6 - 8

Alecia Serafini, Ottoson Art Teacher

Come discover ceramics as an art form and explore the basics of forming and shaping clay. Learn various handbuilding techniques and the craft of wheel-thrown pottery while adding your style to your creations. All students will have the chance to create at least one piece on a wheel! Tuition includes a \$15 materials fee.

CODE: **MS011** 8 Wednesdays, September 28 - November 30
(no class 10/12 and 11/23) 2:45 - 4:15 pm \$180

World in Motion • GRADES 6 - 8

Jamie Merkle, Ottoson Tech Engineering Teacher

Do you like mechanisms? Gears? Making things move? This course will focus on creating models of motion and using them to create a simple mechanical puppet animation. We will also build moving vehicles from potential energy forms! Come see what you can make move with mechanisms and how simple machines can lead to big ideas! Tuition includes a \$10 materials fee. Meet in Ottoson Room 227.

CODE: **MS022** 6 Wednesdays, September 28 - November 9
(no class 10/12) 2:40 - 4:00 pm \$100

REGISTER NOW

Some classes fill quickly! Register early so you won't miss out!

Middle School Running Club • GRADES 6 - 8*Dana Silverberg, Meghan Connealy, Gaggi DeStefanis*

Learn to run a 5K! Join our expert staff who have years of running experience and learn to run in a fun, non-competitive atmosphere. Students will build confidence as well as their physical and mental endurance. We will wrap up the course by running a 5K event together as a team. No experience necessary. The 5K race will take place on Saturday, November 19 and includes a small registration fee. *Dana is the OMS school psychologist, Meghan is a speech-language pathologist at OMS, and Gaggi is an OMS parent.*

CODE: **MS001** 7 Tuesdays & 8 Thursdays, September 27 - November 17 (no class 11/8) 2:45 - 4:15 pm (class meets 1:15-2:45 and 11:30-1:00 on early release days 10/18 and 11/1) \$180

CADD for Kids: Computer Aided Drafting & Design & 3D Printing • GRADES 4 - 12*Kambiz Vatan, AHS Mathematics Teacher*

This class is for students interested in using computers to digitally design and build their ideas while exploring the world of architectural and mechanical drafting and design. Class can go in different directions depending upon students' choice. In this project-based curriculum, students work on hands-on, computer-oriented projects, generating final products sparked by their own interests. CADD is a great class for all students, whether or not they have been exposed to digital design. Meet in **Room 403 at Arlington High**, 869 Mass. Ave. Limited to 15.

CODE: **MS013** 8 Wednesdays, September 28 - November 30 (no class 10/12 and 11/23) 3:00 - 4:30 pm \$165

NEW Java Coding with Minecraft Modding • GRADES 6 - 8*Einstein Workshop*

Do you love Minecraft? Have you ever wanted to craft diamonds from dirt, smelt up some bedrock, or add your own custom blocks? Modifications, or "mods," are one of the coolest things about the Minecraft community. In this highly engaging and inventive class we'll get you started using Java Coding so that you can write your own mods using the Forge API. No programming experience is required, but familiarity with Minecraft is helpful.

CODE: **MS026** 8 Thursdays, October 6 - December 1 (no class 11/24) 2:45 - 3:45 \$215

NEW Our Whole Lives (OWL) • GRADES 8 - 9*Certified OWL instructors Stephen Bobrow @ Lynn Rosenbaum*

Arlington Community Education is proud to offer *Our Whole Lives (OWL)*, a comprehensive sexuality education class. The program equips teens with accurate, age-appropriate information and skills to help them lead sexually healthy, positive, and responsible lives. Grounded in a holistic view of sexuality, OWL addresses a wide range of topics including body image, relationships, social media/Internet, sexual orientation, gender identity, sexually transmitted infections, birth control, and cultural influences on sexuality. Through engaging activities and discussions, OWL helps teens to clarify their own values and to build their interpersonal skills. *Our Whole Lives* is used nationwide in a variety of community settings including schools, youth-serving agencies, and faith-based communities. Although developed by two religious organizations, OWL is completely secular and contains no religious doctrine. To learn more about OWL, visit www.uua.org/re/owl **Note: This program includes a mandatory parent meeting on Thursday, October 6, 6:30-8:30 PM at AHS. We ask that students commit to attending the full 14-week program. Limited to 16. Location TBD.** *Stephen Bobrow has been teaching at the Boston Arts Academy high school for 16 years. He has also taught Our Whole Lives for 5th-6th graders at First Church in Belmont for 6 years. He enjoys the challenge of helping teens navigate their decision making. You will often find him building something, making music, or playing in the garden with his family. Lynn Rosenbaum, M.Ed., M.A. has been enthusiastically teaching Our Whole Lives for the past four years to middle school and high school students in Arlington and Belmont. She co-authored the chapter on Sexuality in Our Bodies, Ourselves. An experienced Prevention Educator, she has educated teens on issues including substance abuse, sexual assault, and eating disorders.*

CODE: **MS027** 14 Sundays, October 16 - February 12 (no class 11/27, 12/25, 1/1 and 1/15) 6:30 - 8:30 pm \$320

Parenting a Teen: What's Not to Love?

One-night workshop. See page 5 for details.

“My child adored this class. It was his favorite thing about the school year.”

Nathan's Ninjas



ALL-TOWN CLASSES FOR MIXED AGES

Brazilian Jiu-Jitsu • GRADES K - 8

Mass Brazilian Jiu-Jitsu Academy

This kids' program is an introduction to Brazilian Jiu-Jitsu and a practical approach to self-defense. The techniques of Brazilian Jiu-Jitsu allow for a smaller, weaker person to successfully defend against a larger, stronger assailant by using grappling for leverage with proper technique. Brazilian Jiu-Jitsu has proven so effective that it is being used by UFC fighters, the military and law enforcement as a staple of defensive training. Students will receive a Gi (traditional martial arts uniform) with this program.

Meet at **Mass Brazilian Jiu-Jitsu Academy**, 26 Mass. Ave., Arlington. Visit www.MassBJJ.com

CODE: **MS028** 6 Mondays, Wednesdays & Fridays, September 26 - November 4 (Note: class *will* meet on 10/3, 10/10 & 10/12)
4:00 - 5:00 pm \$120

CADD for Kids: Computer Aided Drafting & Design & 3D Printing • GRADES 4 - 12

Kambiz Vatan, AHS Mathematics Teacher

This class is for students interested in using computers to digitally design and build their ideas while exploring the world of architectural and mechanical drafting and design. Class can go in different directions depending upon students' choice. In this project-based curriculum, students work on hands-on, computer-oriented projects, generating final products sparked by their own interests. CADD is a great class for all students, whether or not they have been exposed to digital design. Meet in **Room 403 at Arlington High**, 869 Mass. Ave. Limited to 15.

CODE: **MS013** 8 Wednesdays, September 28 - November 30 (no class 10/12 and 11/23) 3:00 - 4:30 pm \$165

NEW Autumn Equinox @ Great Meadows

Boot Boutwell

Early autumn is a wonderful season in New England: plants are weighed down with fruits; leaves are ablaze with colors; days are warm and nights are cool. Autumn arrives with the fall equinox on September 22. Come celebrate the season with a walk in Arlington's Great Meadows. We'll begin with poetry and lore surrounding the equinox and talk about why we have seasons and why day length changes. Then we'll head off into Great Meadows to explore the natural world. Our walk will focus on plant identification as well as interesting natural history about the plants we see. Directions to our meeting place will be sent after registration. Children ages 10 and up are welcome to register if accompanied by a registered adult. Limited to 10. Pre-registration is required.

CODE: **SE076** Saturday, September 24 9:30 am - noon \$20

NEW Winter Solstice @ Habitat

Boot Boutwell

The solstices, marking the longest (summer) and shortest (winter) days of the year, have been celebrated since ancient times. The ancient construction known as Stonehenge in England may have been designed, among other purposes, to pay special honor to these days. This year's winter solstice is December 21 at 5:44am, but we'll host our celebration early with history, lore, poetry and a solstice story. We'll begin the program indoors and then move outdoors to enjoy nature and watch the sun as it prepares to set. On our walk we'll identify plants in their winter form and learn some fun and interesting natural history. Children ages 10 and older are welcome to register if accompanied by a registered adult. Limited to 10. Meet in the **Visitor Center at Mass Audubon's Habitat Wildlife Sanctuary**, 10 Juniper Rd., Belmont. Pre-registration is required.

CODE: **SE080** Sunday, December 18 1:00 - 3:30 pm \$20

NEW Fall Foraging for Wild Edibles

Rachel Goclawski

Would you like to learn what in the woods you can eat? A foraging walk with an experienced guide is a fun and safe way to get started on your wild food journey. This is a great class for someone who wants to learn about common wild foods, medicinal plants and edible flowers in our area. The walk is suitable for the novice and veteran forager alike. Learn about foraging safety, nutritional and medicinal value, and cooking and preserving all while collecting wild edibles. Bring plastic bags to collect herbs, paper or cloth bags for seeds and mushrooms, insect repellent and bottled water. Bring shears, a pocket knife or digging tools if you want to dig for roots. Children 10 and older may register if accompanied by an adult. Directions to Arlington meeting location will be sent after registration.

CODE: **RF007** Saturday, October 8 4:00 - 5:30 pm \$20

NEW Making Homemade Soaps

Rachel Goclawski

Adding herbs and plants to homemade soaps add texture, scent, and benefit your skin in so many ways. Some plants, when added to soap, can disinfect and heal cuts, treat eczema, mosquito bites and bee stings, even prevent and heal poison ivy rash. Learn to identify these plants, forage plants in the wild and prepare extract from them. We'll each create a beautiful bar of soap to take home or give as a gift. Tuition includes a \$12 materials fee. Children 10 and older may register if accompanied by an adult.

CODE: **CN055** Wednesday, September 28 6:00 - 8:00 pm \$30



Adults & Kids Cooking: Vegan Breakfast & Brunch

Lisa Kelly

Starting your day on a healthy note is crucial to feeling great throughout the day! We'll learn to make everything from elaborate smoothie bowls, vegan quiches, tofu and chickpea "egg" scrambles to hearty muffins and granolas and a decadent weekend French Toast Casserole. Tuition includes a \$20 food fee. Limited to 8 pairs.

CODE: **FD123** Tuesday, October 25 5:30 - 8:00 pm \$55

Adults & Kids Cooking: Family Gingerbread House

Holly Czapski

Kick off the holiday season with a beautiful gingerbread house. You and your family will assemble and decorate your own pre-baked gingerbread house. We'll provide the gingerbread, icing and candies for personalizing. You'll go home with a creation you can display for the entire season. Limited to children six and up. Tuition includes a \$15 food fee. Course fee covers one adult and one child. If you would like to register an additional child (\$15) please call 781-316-3568.

CODE: **FD090** Wednesday, December 7 6:00 - 8:30 pm \$48 per pair

“My child learned so much so fast and had a wonderful time.”

Irish Step

BISHOP

GoLingo

12 Mondays: Spanish & Chinese see page 49

Discovery Lab • GRADES K - 2

Wicked Cool for Kids

Six of our favorite science lessons wrapped up into one fun-filled program! Explore the Earth by making mesozoic volcanoes, and delve deep into the ocean to the coral reefs. Get electrified creating simple circuits, and become a chemist making rainbow slime. Each week we'll get into fun science and engineering challenges—all tried and true favorites!

CODE: **BP53** 6 Tuesdays, September 27 - November 1 1:10 - 2:10 pm \$142

NEW Parkour • GRADES 3 - 5

Parkour Generations Boston

Parkour, also known as freerunning or l'art du déplacement, originated outside Paris in the late 1980s and has since become one of the fastest growing sports in the world, largely due to the popularity of viral videos and action film stunt sequences. Parkour practitioners, known as traceurs, learn to navigate their environment and overcome mental and physical challenges in a safe and creative manner. Traceurs learn to look at the world through the lens of "parkour vision," turning any environment into a playground for movement and physical challenge. Classes are designed to accommodate a wide range of fitness and ability levels, and are all taught by ADAPT-certified instructors.

CODE: **BP54** 8 Tuesdays, September 27- November 22 (no class 11/8) 1:10 - 2:10 pm \$150

NEW Puzzle Art • GRADES K - 2

Sharon McLaughlin

In this hands-on, super creative class, students will use puzzle pieces of all shapes and sizes to design their own seasonal projects limited only by what they can imagine. We will use paint, glitter, stickers and other fun materials. We will also design our own board games using puzzle pieces (game pieces and dice will be provided). Tuition includes a \$10 materials fee. *Sharon McLaughlin teaches kindergarten at Bishop School.*

CODE: **BP55** 8 Wednesdays, September 28 - November 30 (no class 10/12 and 11/23) 2:40 - 3:40 pm \$115

Boys in Motion • GRADES 4 - 5*Peter Hedlund*

Modeled on our hugely popular *Fit Girls, Boys in Motion* is a non-competitive program that introduces boys to the joy of running, building physical and mental endurance and inspiring an active lifestyle. Students will meet once per week for fun and energizing sessions that will prepare them for the culminating event: a 5K road race that they will run together as a team. No experience necessary. The optional 5K will be on Saturday, November 19 and requires a small registration fee. Note: By registering for this class, parent/guardian gives permission for child to leave the school grounds and use nearby streets and park. *Peter Hedlund is a father of three Bishop children and enjoys recreational running, having participated in a number of races including two marathons. He has coached several athletic teams in town and is excited to help get the Boys in Motion program up and running at Bishop.*

CODE: **BP56** 8 Wednesdays, September 21 - November 16
(no class 10/12) 2:40 - 3:40 pm \$75

Yoga for Kids • GRADES 3 - 5*Becky Small*

In this playful yoga class, children will learn how to connect their breath and movement. We will also work on being still and slowing down the breath to calm the body while listening to classical music or a story. Children will learn breathing techniques to help calm their bodies and minds, which can lead to better sleep and improved concentration. Please, no jeans; children should wear comfortable, easy-to-move-in clothing. Students may bring a yoga mat or bring \$10 to buy one from the instructor. *Becky Small has been teaching yoga since 2008 to both adults and children. You can find her at Black Crow Yoga. To learn more about Becky and her classes, please check out bsmallyoga.com.*

CODE: **BP10** 8 Thursdays, September 29 - November 17
2:40 - 3:40 pm \$105

Arlington Children's Theater • GRADES 1 - 2*Matthew Lundeen*

In this ever-popular class, students will explore the dramatic arts through a variety of theater games that work on voice, movement, improvisation, character and confidence as we prepare a final production. Ensemble work is strongly encouraged as students add their ideas to everything, including scene creation. New and returning students welcome. *Matthew Lundeen is artistic director of ACT.*

Code: **BP14** 8 Thursdays, September 29 - November 17
2:40 - 3:40 pm \$115

BRACKETT**Nature Detectives:****Amazing Arthropods** • GRADES 1 - 3*Mass Audubon Habitat Educators*

Explore the fascinating world of insects, spiders, millipedes and other animals with exoskeletons, segmented bodies and jointed legs. Join educators from Mass Audubon Habitat and discover how these animals catch their prey and how they avoid being eaten. Where do they live, and what do they eat? Find out! Examine live arthropod visitors, and search your schoolyard for insects, spiders, and more. Learn about some ways scientists find and study arthropods. Look at specimens, and observe behaviors and some of the adaptations that make arthropods successful. We will go in search of insects, spiders, and other arthropods found right in your schoolyard. Please dress for the weather as we will go outside. *Note: By registering for this class, parent/guardian gives permission for child to leave the school grounds to explore adjacent Robbins Farm Park.*

CODE: **BR21** 8 Mondays, October 17 - December 5
2:40 - 3:40 pm \$135

Boys in Motion • GRADES 4 - 5*Dorien Keusseyan*

Modeled on our hugely popular *Fit Girls, Boys in Motion* is a non-competitive program that introduces boys to the joy of running, building physical and mental endurance and inspiring an active lifestyle. Students will meet twice per week for fun and energizing sessions that will prepare them for the culminating event: a 5K road race that they will run together as a team. No experience necessary. The optional 5K will be on Saturday, November 19 and requires a small registration fee. *Note: By registering for this class, parent/guardian gives permission for child to leave the school grounds and use nearby streets and park. This is Dorien's second year coaching Brackett boys. She is the owner of Lighten Up, a personal training service focusing on improving self image and health. In addition, she is a multisport athlete and mother of three boys.*

CODE: **BR56** 6 Mondays & 7 Wednesdays, September 26 - November 16 (no class 10/3, 10/10 and 10/12) 2:45 - 3:45 pm \$120

Video Game Design • GRADES 3 - 5*Empow Learning Staff*

Go from gamer to designer. Kids love playing video games, but they have even more fun playing games designed by them and their friends! One of our most popular classes, Video Game Design encompasses storytelling, pixel art, and object-oriented programming, all through a user-friendly, 2D game design platform. Our non-violence policy keeps the games cringe-free and shareable once the kids bring their games home for you to play!

CODE: **BR26** 8 Tuesdays, September 27 - November 22
(no class 11/8) 1:10 - 2:10 pm \$185

NEW **Vegan Super Snacks** • GRADES K - 2*Lisa Kelly*

KidZone is pleased to welcome Lisa Kelly, a super fun and enthusiastic cook of all things vegan. In this hands-on class, Lisa will share her love of preparing healthful food that even the pickiest eaters will enjoy. Kids will make something new each week: super snacks, granola bars, stellar smoothies, vegan ice cream, dips and sauces and veggie appetizers. **Note: Students coming from the after-school program should register for the 2:20 session.** Tuition includes a \$15 food fee.

CODE: **BR57.1** 6 Tuesdays, September 27 - November 1
1:10 - 2:10 pm \$105

CODE: **BR57.2** 6 Tuesdays, September 27 - November 1
2:20 - 3:20 pm \$105

Arlington Children's Theater • GRADES 2 - 3*Matthew Lundeen*

In this ever-popular class, students will explore the dramatic arts through a variety of theater games that work on voice, movement, improvisation, character and confidence as we prepare a final production. Ensemble work is strongly encouraged as students add their ideas to everything, including scene creation. New and returning students welcome. *Matthew Lundeen is artistic director of ACT.*

CODE: **BR14** 8 Wednesdays, September 28 - November 30
(no class 10/12 and 11/23) 2:40 - 3:40 pm \$115

GoLingo

12 Thursdays: Spanish, Chinese, Italian see page 49

NEW **Story Shapers** • GRADES 3 - 5*Alissa Butterworth for Club Hatch*

Come dream, design and innovate in these fun weekly Story-Shaping challenges and learn to share your voice in new ways! Explore how stories have been created and passed on throughout the ages and what the future holds. How would you tell a story using just pictures, or only the environment around you? How would you design and build a storytelling machine? Along the way you will try letterpress printing and get the chance to write, direct, and produce a podcast with your team and share it with other Arlington kids. As a bonus community-based challenge, you will lend your voice to an article in the *Arlington Advocate* and could see your name in print! *Alissa has been shaping her own stories and helping kids, teens and adults develop their own voices in the publishing and creative writing fields for the last 16 years. She holds a Master of Fine Arts in fiction from Lesley University. Please note the 1.5-hour class length.*

CODE: **BR18** 8 Fridays, September 30 - December 2
(no class 11/11 and 11/25) 2:40 - 4:10 pm \$180

DALLIN**NEW** **Mission to Mars** • GRADE 2*Yari Golden-Castaño for Club Hatch*

Explore, discover and learn how human life could exist on another planet in this exciting workshop with an actual Mars One astronaut candidate. Become an aspiring explorer training for life on Mars through hands-on, role-playing activities based on physics, engineering and biology concepts needed for humans to explore outer space and Mars. Apply the design-engineering process to design, build and test a Mars Lander and discover how to grow plants for food and recycle water. The course will end with a presentation of your discoveries and ideas to a team of Mars One astronaut candidates and receive your own official Mars Explorer badge! *Yari Golden-Castaño is a systems engineer at MIT Lincoln Laboratory and currently a 'Mars One' astronaut candidate (www.mars-one.com). She is one of 100 women and men from around the world preparing for the next physical and psychological challenges to be selected into the final 24, who are attempting to establish the first human settlement on Mars. As part of the project, Yari also teaches children, spreading interest in space exploration through STEAM workshops. Please note the 1.5-hour class length.*

CODE: **DA18** 8 Mondays, October 17 - December 5
2:40 - 4:10 pm \$225

Arlington Children's Theater • GRADES K - 2*Matthew Lundeen*

In this ever-popular class, students will explore the dramatic arts through a variety of theater games that work on voice, movement, improvisation, character and confidence as we prepare a final production. Ensemble work is strongly encouraged as students add their ideas to everything, including scene creation. New and returning students welcome. *Matthew Lundeen is artistic director of ACT.*

Code: **DA14** 8 Tuesdays, September 27 - November 22
(no class 11/8) 1:10 - 2:10 pm \$115

Needle Felting Fun • GRADES 3 - 5*Anastasia Semash*

Needle felting is a fun and calming fiber arts activity that will exercise students' fine motor skills, creativity and concentration. We will learn how to use needles properly to poke wool fibers together to create just about anything—animals that fit in your pocket, finger puppets, small flowers, gifts for the holidays and more. Once you get your hands on the beautiful wool, you won't want to stop. Tuition includes a \$12 materials fee. *Anastasia Semash is a local artist and a teacher with more than ten years of experience.*

Code: **DA25** 8 Tuesdays, September 27 - November 22
(no class 11/8) 1:10 - 2:10 pm \$118

GoLingo

12 Wednesdays: Spanish, Chinese & Italian see page 49

Boys in Motion • GRADES 4 - 5*Patrick Burke, Grade 5 Teacher, Dallin School*

Modeled on our hugely popular *Fit Girls*, *Boys in Motion* is a non-competitive program that introduces boys to the joy of running, building physical and mental endurance and inspiring an active lifestyle. Students will meet twice per week for fun and energizing sessions that will prepare them for the culminating event: a 5K road race that they will run together as a team. No experience necessary. The optional 5K will be on Saturday, November 19 and requires a small registration fee. *Note: By registering for this class, parent/guardian gives permission for child to leave the school grounds and use nearby streets and park.*

Code: **DA56** 7 Mondays & 8 Wednesdays, September 19 - November 16 (no class 10/3, 10/10 and 10/12)
2:40 - 3:40 pm \$140

Irish Step • GRADES 3 - 5*Rebecca McGowan*

Get your feet moving with quick footwork danced to lively jigs and reels! Irish dancing is energetic, graceful, precise and fun. Learn basic solo steps and dance with friends in group *ceili* ("kay-lee") dances. This program focuses on non-competitive Irish dance. We'll play lots of dance games, build technique and have fun exploring Irish music and dance. *Rebecca McGowan is a dancer and teaches non-competitive step dancing classes in after-school programs and for adults. For more information, visit RebeccaMcGowan.wordpress.com*

Code: **DA28** 8 Thursdays, September 29 - November 17
2:40 - 3:40 pm \$120

Hands-On Electronics • GRADE 3 - 5*Circuit Lab Staff*

Learn about the fundamentals of electronic components and circuit building. Using the latest tools like Arduino and Raspberry Pi, students will experiment with LEDs, resistors, motors and programming. Each class day will give students the chance to design a hands-on project with the guidance of Circuit Lab instructors. **Please note the 1.5-hour class length.**

Code: **DA49** 8 Fridays, September 30 - December 2
(no class 11/11 and 11/25) 2:40 - 4:10 pm \$195

HARDY**GoLingo**

12 Mondays: Spanish, French & Italian see page 49

P.E. Plus A.M. • GRADES 1 - 2 & GRADES 3 - 5*Linda Flynn*

P.E. Plus is designed to encourage children to be physically active before school while having fun with friends in a positive atmosphere. Research has shown that exercise improves executive function and concentration in kids. P.E. Plus will get their blood pumping and send them off to class primed to learn. Limited to 20. Linda Flynn teaches P.E. at Hardy School.

Code: **HA22.2** Grades 3-5 9 Tuesdays, September 27 - November 29 (no class 11/8) 7:30 - 8:10 am \$72

Code: **HA22.1** Grades 1-2 8 Wednesdays, September 28 - November 30 (no class 10/12 and 11/23) 7:30 - 8:10 am \$64

Intro to Improv • GRADES 3 - 5*Misch Whitaker*

One of our highest-rated classes from VacationFun! Come learn how to create theater—right on the spot. We'll use fun games and exercises to explore the concepts and skills of improv. Learning how to improvise increases self confidence, out-of-the-box thinking, cooperation, teamwork, and real-life problem solving abilities. It's also fun! No prior experience required. Returning students welcome. *Misch Whitaker is a cast member and resident director at Catalyst Comedy in Boston.*

CODE: **HA58** 6 Tuesdays, September 27 - November 1
1:10 - 2:10 pm \$78

Pre-Engineering Using LEGO® • GRADES K - 2*Play-Well TEKnologies*

Let your imagination run wild with tens of thousands of LEGO®! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals. **Please note the 1.5-hour class length.**

CODE: **HA59** 8 Wednesdays, September 21 - November 16 (no class 10/12) 2:40 - 4:10 pm \$195

Study Zone • GRADES K - 2*Jaime Sliney, Grade 1 Teacher, Hardy School*

Join Ms. Sliney for loads of challenging games and fun activities that support your learning. We will use this time to explore math, reading, and writing concepts in creative and engaging ways!

CODE: **HA23** 7 Wednesdays, September 28 - November 16
(no class 10/12) 2:40 - 3:40 pm \$92

Yoga for Kids • GRADES 3 - 5*Becky Small*

In this playful yoga class, children will learn how to connect their breath and movement. We will also work on being still and slowing down the breath to calm the body while listening to classical music or a story. Children will learn breathing techniques to help calm their bodies and minds, which can lead to better sleep and improved concentration. Please, no jeans; children should wear comfortable, easy-to-move-in clothing. Students may bring a yoga mat or bring \$10 to buy one from the instructor. Limited to 10. *Becky Small has been teaching yoga since 2008 to both adults and children. You can find her at Black Crow Yoga. To learn more about Becky and her classes, please check out bsmallyoga.com.*

CODE: **BP10** 8 Wednesdays, September 28 - November 30
(no class 10/12 and 11/23) 2:40 - 3:40 pm \$105

Boys in Motion • GRADES 4 - 5*Julie Harrington @ Maggie Trivino*

Modeled on our hugely popular Fit Girls, *Boys in Motion* is a non-competitive program that introduces boys to the joy of running, building physical and mental endurance and inspiring an active lifestyle. Participants will meet once per week for 7 fun and energizing sessions that will prepare them for the culminating event: a 5K road race that they will run together. No experience necessary. The optional 5K will be on Saturday, November 19 and requires a small registration fee. *Note: By registering for this class, parent/guardian gives permission for child to leave the school grounds and use nearby streets, parks and bike path. Julie Harrington and Maggie Trivino teach grade 4 at Hardy and coach the Fit Girls program.*

CODE: **HA56** 7 Thursdays, October 6 - November 17 2:40 - 3:40 pm \$65

PEIRCE**Hands-On Electronics** • GRADE 3 - 5*Circuit Lab Staff*

Learn about the fundamentals of electronic components and circuit building. Using the latest tools like Arduino and Raspberry Pi, students will experiment with LEDs, resistors, motors and programming. Each class day will give students the chance to design a hands-on project with the guidance of Circuit Lab instructors. **Please note the 1.5-hour class length.**

CODE: **PR49** 8 Mondays, October 17 - December 5
2:40 - 4:10 pm \$195

WE LOVE TO HELP

Email us at
CommunityEd@arlington.k12.ma.us
or call 781-316-3568.

GoLingo

12 Tuesdays: Spanish & Chinese see page 49

NEW Eco Engineering • GRADE K - 2

Wicked Cool for Kids

Reduce, reuse and recycle to create, design and build fun new gadgets and gizmos! We'll integrate some "green" into our engineering challenges by repurposing objects to build wind-powered cars and a holiday light quiz board. Design eco-friendly experiments to test solar power and water quality and to see what's in your food. Going green is wicked cool!

CODE: **PR61** 6 Wednesdays, September 28 - November 9
(no class 10/12) 2:40 - 3:40 pm \$140

Creative Movement • GRADES K - 2

Erica Sigal

Boys and girls will use their bodies, senses and creativity to explore the joyful world of movement as they develop physical and cognitive skills such as balance, coordination, cooperation, attention span, spatial awareness and self-esteem. Children will create a vivid spatial world with props like streamers, stretchy fabric, feathers, pictures, poems, stories, music and rhythm instruments through individual, pair and group exercises. Children should wear comfortable clothing and socks or bare feet. *Erica has taught movement and dance to children and families around Greater Boston for nearly 20 years. She coordinates Dance in the Schools in Cambridge and received the 2013 MADEO Presidential Award for Outstanding Service in Dance Education.*

CODE: **PR33** 7 Thursdays, September 29 - November 17
(no class 10/6) 2:40 - 3:40 pm \$92

NEW Bookmaking Workshop • GRADES 3 - 5

Holly Czapski

Students will imagine, design and create a book about whatever topic they choose. We will work on one page each week and at the end take home a neatly-bound finished book. Along the way we will explore many different ways of presenting information, from blueprints to maps and infographics, plus drawing and creative writing. Tuition includes a \$10 materials fee. *Holly Czapski loves creating, whether drawing, sewing, or figuring out what to make with those neat Laughing Cow cheese boxes. She's done lots of crafty things with her own two kids, as well as with their classmates at the Dallin School and with the Girl Scout troop she led for six years.*

CODE: **PR60** 6 Fridays, September 30 - November 4
2:40 - 3:40 pm \$90

STRATTON

NEW Acrylic Painting: Colors of Fall • GRADES 3 - 5

Anastasia Semash

Explore color and form as we paint from still life and our imaginations. The instructor will bring in new objects each week, from fruits and vegetables (corn, apples, and of course pumpkins) to colorful fall leaves and branches. This is a fun way to study color theory, and there will be slides and books of the great masters for inspiration. Students will also have the opportunity to experiment with ink and watercolors. Tuition includes a \$15 materials fee. *Anastasia Semash is a local artist and a teacher with more than ten years of experience.*

CODE: **ST62** 8 Mondays, October 17 - December 5
2:40 - 3:40 pm \$120

Flash Digital Animation • GRADES 3 - 5

Empow Learning Staff

Students will explore a modern approach to digital animation. Using the free Flash animation software Vectorian Geotto, designed to be accessible to animators of all skill levels, students will create their own animated films just like the pros! With an emphasis on storytelling, this class is ideal for beginners or intermediate animators alike.

CODE: **ST50** 8 Tuesdays, September 27 - November 22
(no class 11/8) 1:10 - 2:10 pm \$185

NEW Disney Dance Mix • GRADES 1 - 2

Jaime Joseph

In this high-energy mix of musical theater, Broadway, jazz and ballet, kids will enjoy learning fun choreography routines to their favorite Disney tunes. We will kick off each class with a warm-up to get the muscles loosened up and end with a cool down. In between, kids will develop rhythm, coordination and the ability to "dance like nobody's watching!" *Jaime is creative director and founder of CYPRIANA Fashion. She also performs in local musicals and cabarets that support cancer research and has worked as choreographer for the Bishop School play.*

CODE: **ST63** 8 Wednesdays, September 28 - November 30
(no class 10/12 and 11/23) 2:30 - 3:40 pm \$105

GoLingo

12 Tuesdays: Spanish, Chinese & French see page 49

Nathan's Ninjas • GRADES K - 5*Nathan Porter*

This dynamic and popular class is known for its fun games and teamwork-oriented environment. You will learn a mix of traditional Kempo Karate with elements of sport karate, tumbling and grappling. This class will give you a true self-defense perspective, all while you're having fun and building confidence. New students will receive a belt at the beginning of the class. *Nathan Porter is a certified black belt and runs New England Movement Arts, voted Best of Burlington 2015. Visit nemovementarts.com. Note: Students coming from the after-school program should register for the 3:45 session.*

CODE: **ST29.1** 8 Fridays, September 30 - December 2
(no class 11/11 and 11/25) 2:40 - 3:40 pm \$135

CODE: **ST29.2** 8 Fridays, September 30 - December 2
(no class 11/11 and 11/25) 3:45 - 4:45 pm \$135

THOMPSON**Theater Games** • GRADES 3 - 5*Hilary Rappaport*

In these classes we will develop skills through games and exercises focusing on relaxation, observation and sense memory, concentration and cooperation, and improvisation. We will learn about techniques actors use while exploring movement, voice, character, and imagination. Using short scripts, we will also create scenes and perform them for each other. Most importantly, we will encourage each other's creativity and have fun! **Note: The final class will last two hours.** *Hilary Rappaport lives in Arlington and helped start the drama program at Thompson. She loves the theater and reading stories and sometimes acting them out.*

CODE: **TH46** 5 Mondays, October 17 - November 14
2:40 - 3:40 pm (2:40 - 4:40 on 11/14) \$80

Nathan's Ninjas • GRADES K - 5*Nathan Porter*

This dynamic and popular class is known for its fun games and teamwork-oriented environment. You will learn a mix of traditional Kempo Karate with elements of sport karate, tumbling and grappling. This class will give you a true self-defense perspective, all while you're having fun and building confidence. New students will receive a belt at the beginning of the class. *Nathan Porter is a certified black belt and runs New England Movement Arts, voted Best of Burlington 2015. Visit nemovementarts.com.*

CODE: **TH29** 8 Tuesdays, September 27 - November 22
(no class 11/8) 1:10 - 2:10 pm \$135

Nature Detectives:**Autumn Explorers** • GRADES 1 - 2*Mass Audubon Habitat Educators*

Animals are busy in the fall. Fruits and nuts have ripened, leaves are changing colors, squirrels are scurrying, insects are singing, birds are flocking—find out what's going on! Join Mass Audubon Habitat educators for active fun as we investigate the mysteries of wildlife—sometimes right in your schoolyard! Plan to be outside much of the time as we discover more about the nature of Massachusetts. Please dress for the weather. *Note: By registering for this class, parent/guardian gives permission for their child to leave the school grounds.*

CODE: **TH21** 8 Wednesdays, September 28 - November 30
(no class 10/12 and 11/23) 2:40 - 3:40 pm \$135

Yarn Play • GRADES 3 - 5*Hui Ru Liang @ Tanya Serrao*

Love crafting with yarn? So do we! This class will teach you a little about a bunch of yarny crafts including simple methods for knitting, crocheting, weaving, and making tassels and pompoms. Projects will be small and easy to complete. We hope to give you lots of inspiration and skills. If you have a project in mind, we would love to help you along! No experience necessary. Tuition includes a \$10 materials fee. *Hui Ru Liang and Tanya Serrao are Thompson teaching assistants with the desire to share their great love of fiber arts.*

CODE: **TH30** 8 Thursdays, September 29 - November 17
2:40 - 3:40 pm \$115

Early Coding with ScratchJr & Code.org • GRADES 1 - 2*Liz Ferola*

Come learn how to program and code using ScratchJr and Code.org. We will use iPad technology to solve problems and accomplish goals such as programming characters, creating collages, telling stories and even building games. Join in the coding fun! **Note: Students who took ScratchJr during winter term are welcome back; instruction will be adjusted to their level.** *Liz Ferola teaches grade 3 at Thompson.*

CODE: **TH44** 6 Fridays, September 30 - November 4
2:40 - 3:40 pm \$80

GoLingo

12 Fridays: Spanish, Chinese & French see page 49
